

RISE Resilience in Supportive Education

2024/25

End of Year Report



► Meet the Team



Kathryn Frutiger, LCSW

Lead Social Worker and
Clinical Supervisor



Amanda Gannon,
LMSW

District School Social
Worker



Ashley Kessler, LMSW

District School Social
Worker

Three Vacant Positions

District School Social
Worker

► Challenges

01 Staffing & Stability

- Ongoing staffing shortages and high turnover impacting service continuity
- Loss of potential funding critical for staff development and long-term sustainability

02 Role Clarity & Structural Changes

- Elimination of school counselor positions, requiring redefinition of school social work roles
- Increased need to educate stakeholders on scope of practice and boundaries

03 Caseload & Crisis Response

- Elevated levels of suicidal ideation among students
- Schedules frequently disrupted by urgent crisis intervention needs

04 Foundational Systems & Technology

- Continued groundwork in adopting and streamlining technology tools
- Need for clearer direction and alignment in grant utilization and planning

RISE Team Responses

Summer Therapeutic Program

Partner with Community Connections to offer summer programming around resiliency, emotion regulation, healthy relationships, and coping skills.

Community Resource Tabling

- Coast Guard Welcome Night
- Digital Drug Summit
- Stomp the Stigma
- Steps for Change
- Hidden in Plain Sight
- Hour in the Tower
- Color Run for Mental Health
- Blueberry Festival

Landslide

- Organize donations
- Natural Disaster communication with the state
- Shelter
- Debrief room
- Family Outreach

Community member death by suicide

- Resources/support/debrief at Kayhi during basketball games
- Safe rooms in schools
- Crisis protocol management and messaging



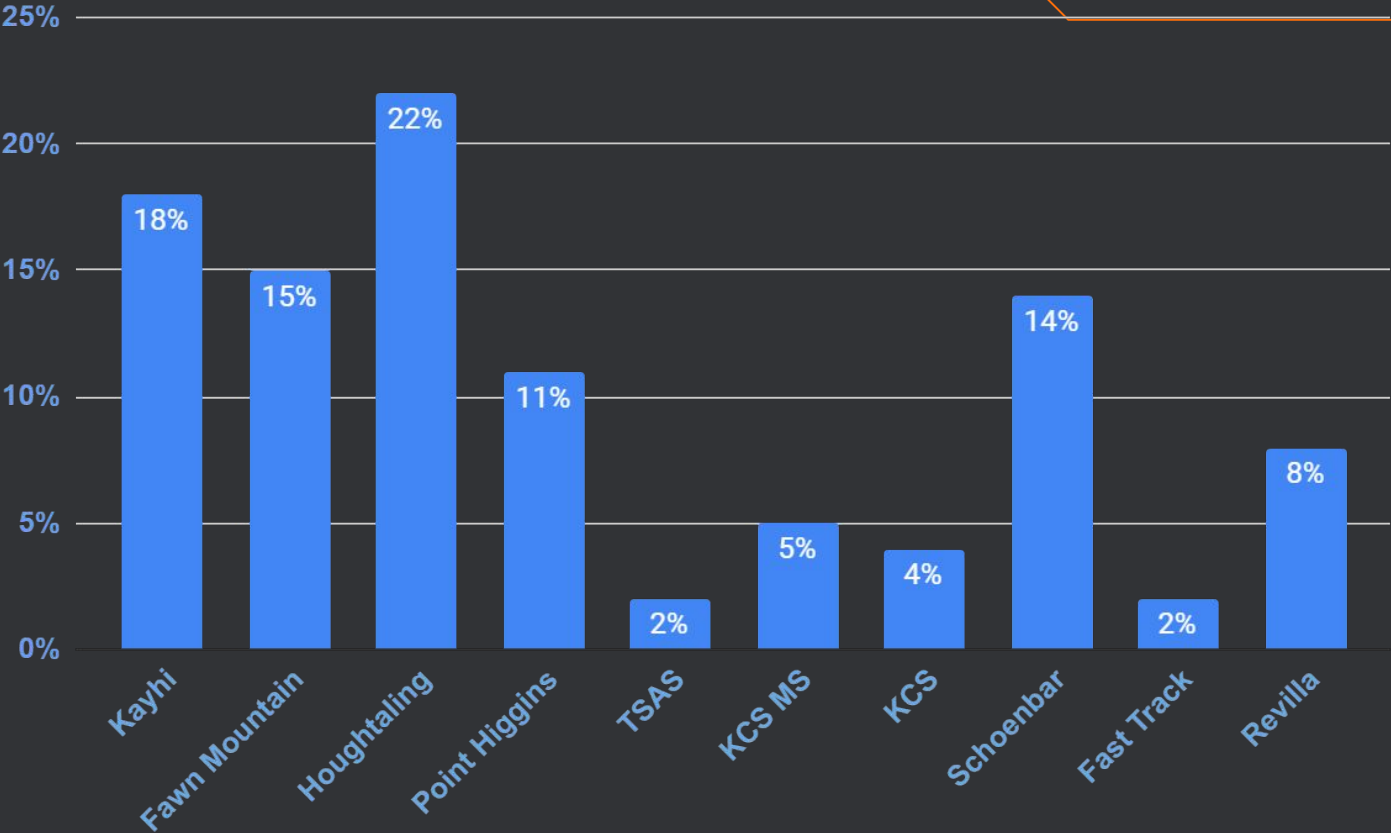
Confidentiality

- Secure PowerSchool Logs
- Consent forms required after 2 visits
- Memorandum of Understanding (MOUs)
- Release of Information (ROI)

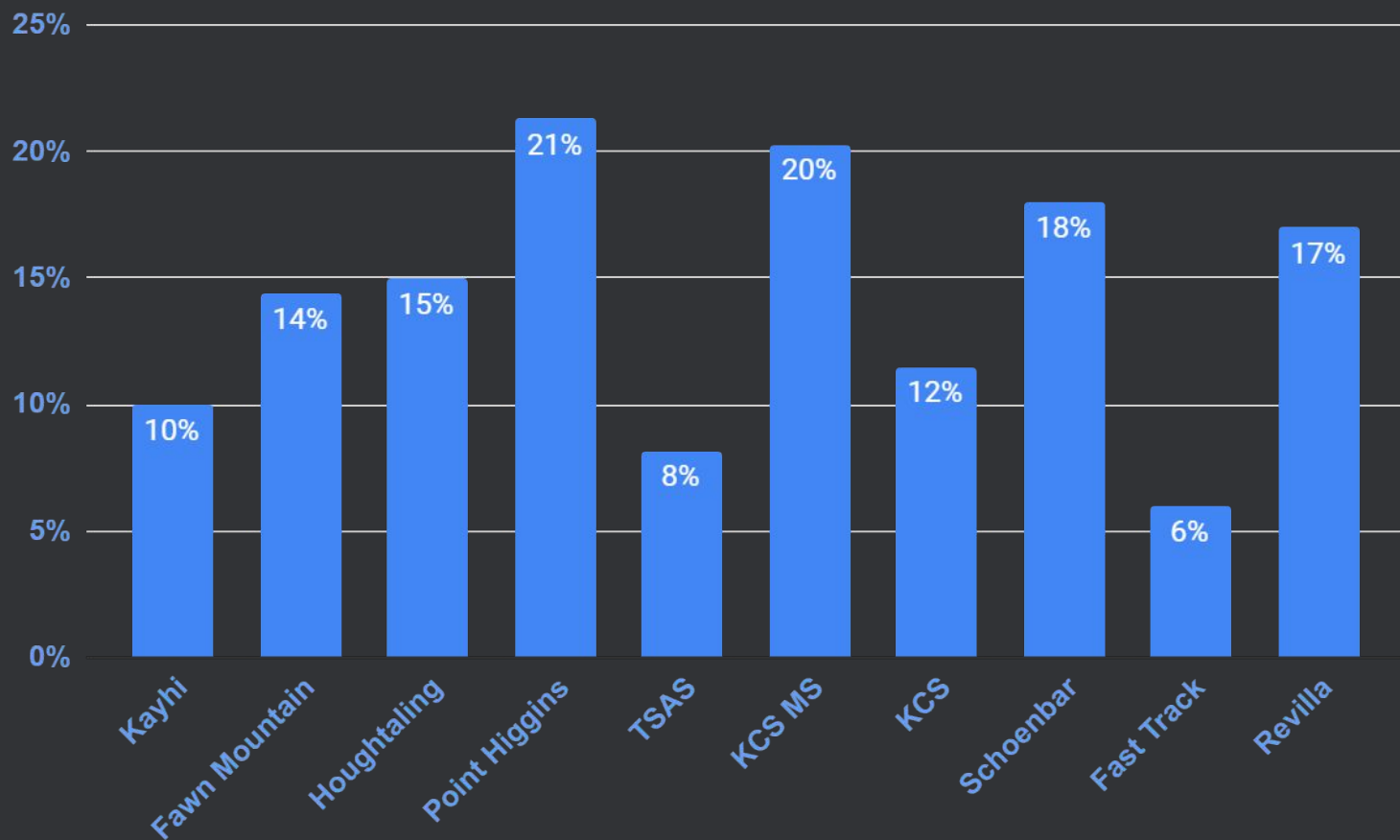
► Overall Percentage of Services

▲ 1,389

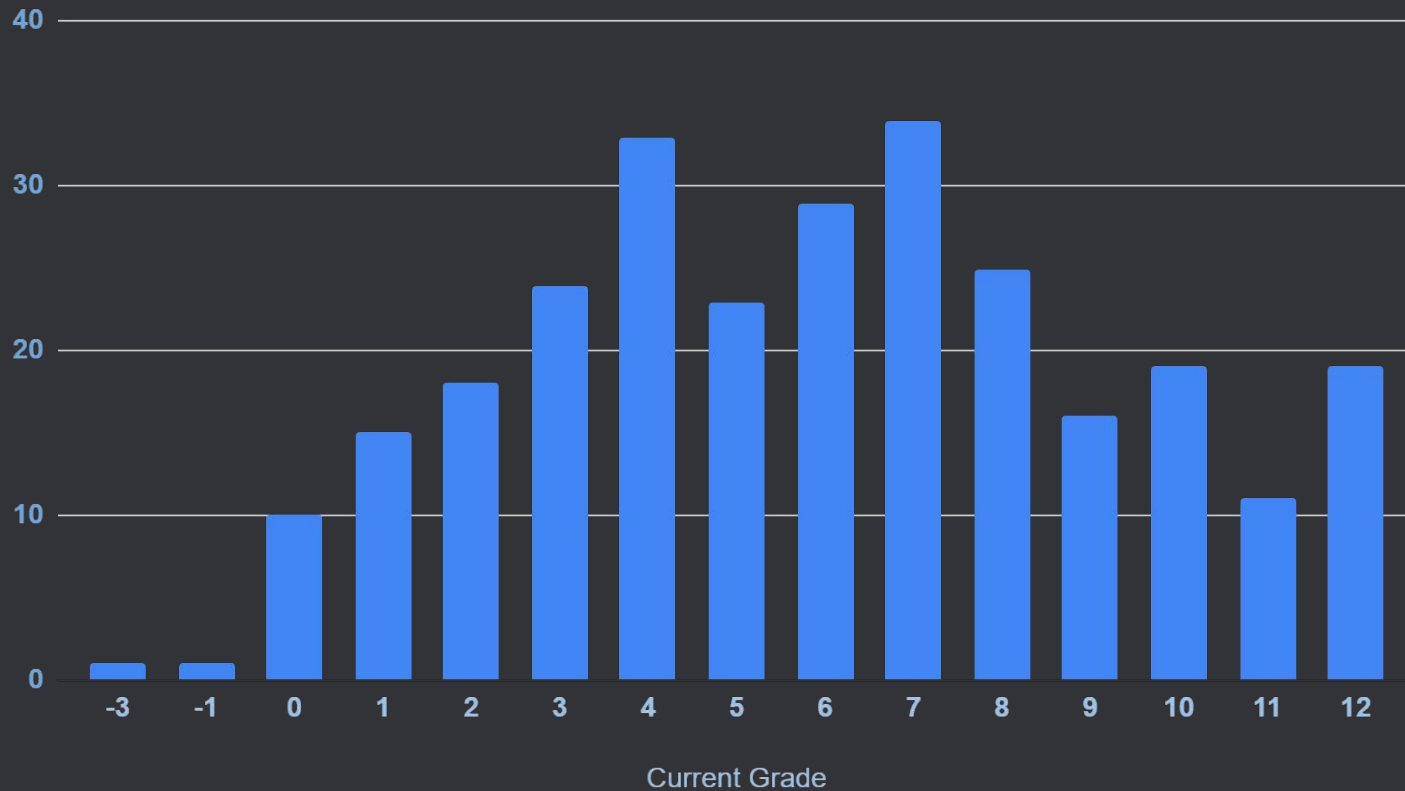
Contact Logs



Percentage of School Population Receiving Services



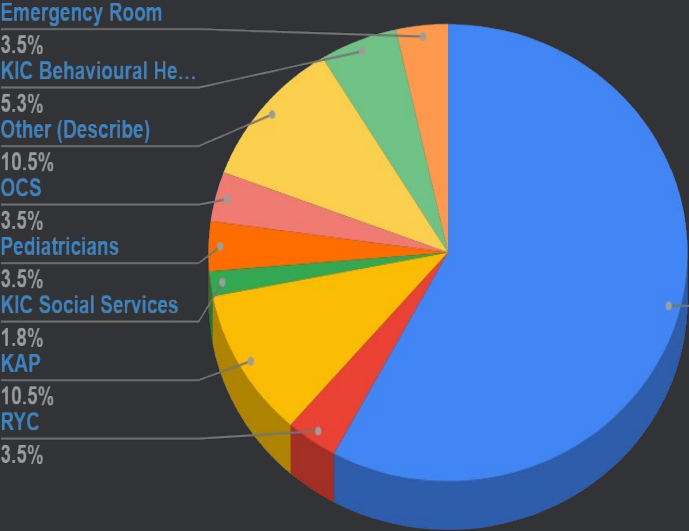
Services per Grade Level



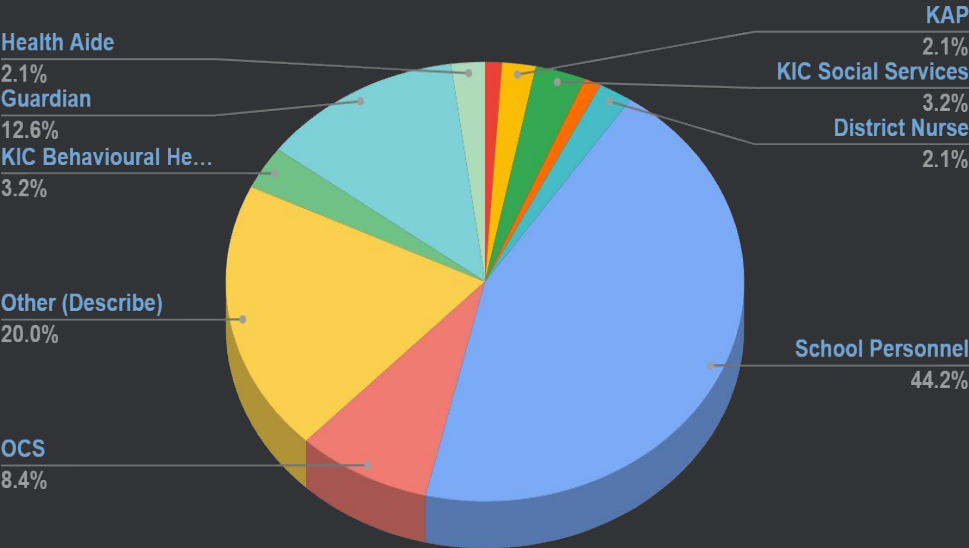
Key performance indicators

► Referrals in/Out
January - May 2026

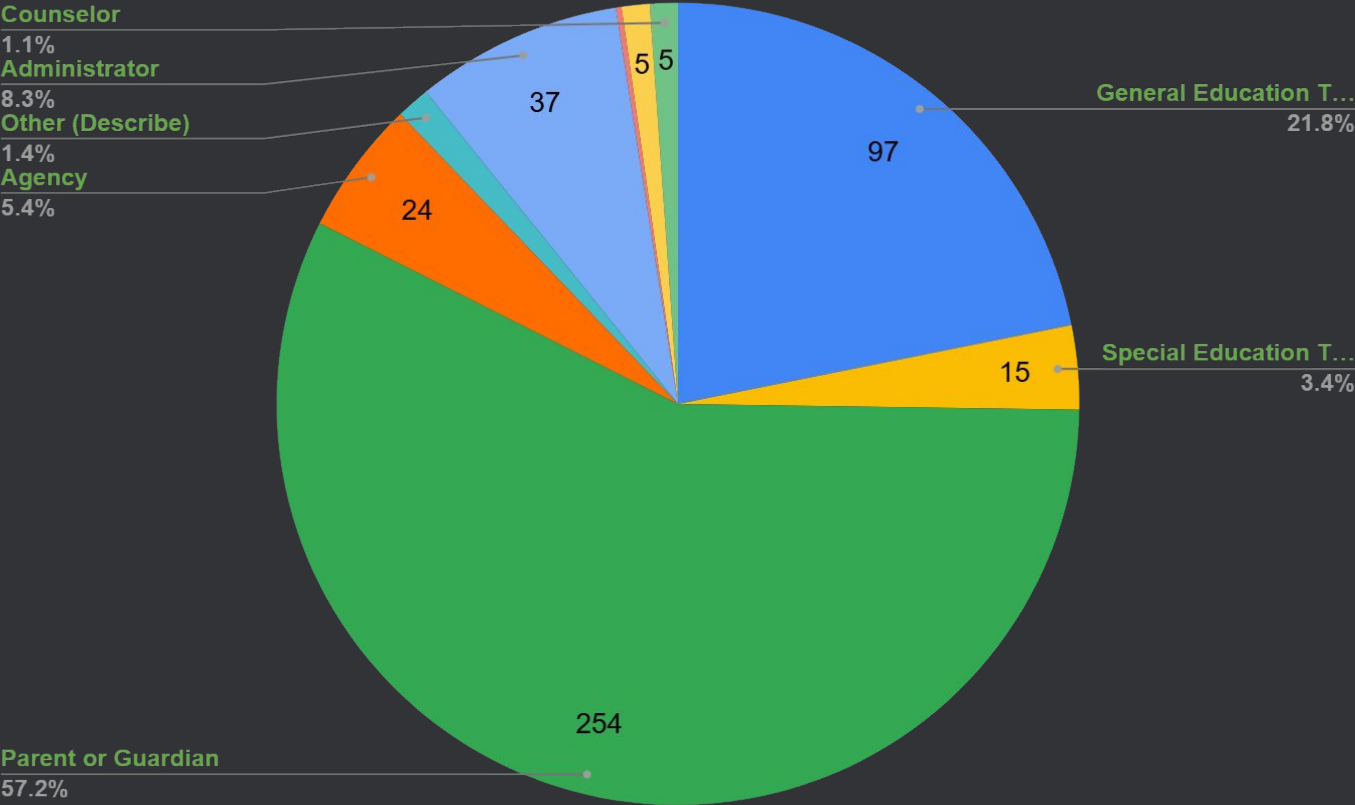
Referral Out



Referral In



► Contacts



Key performance indicators

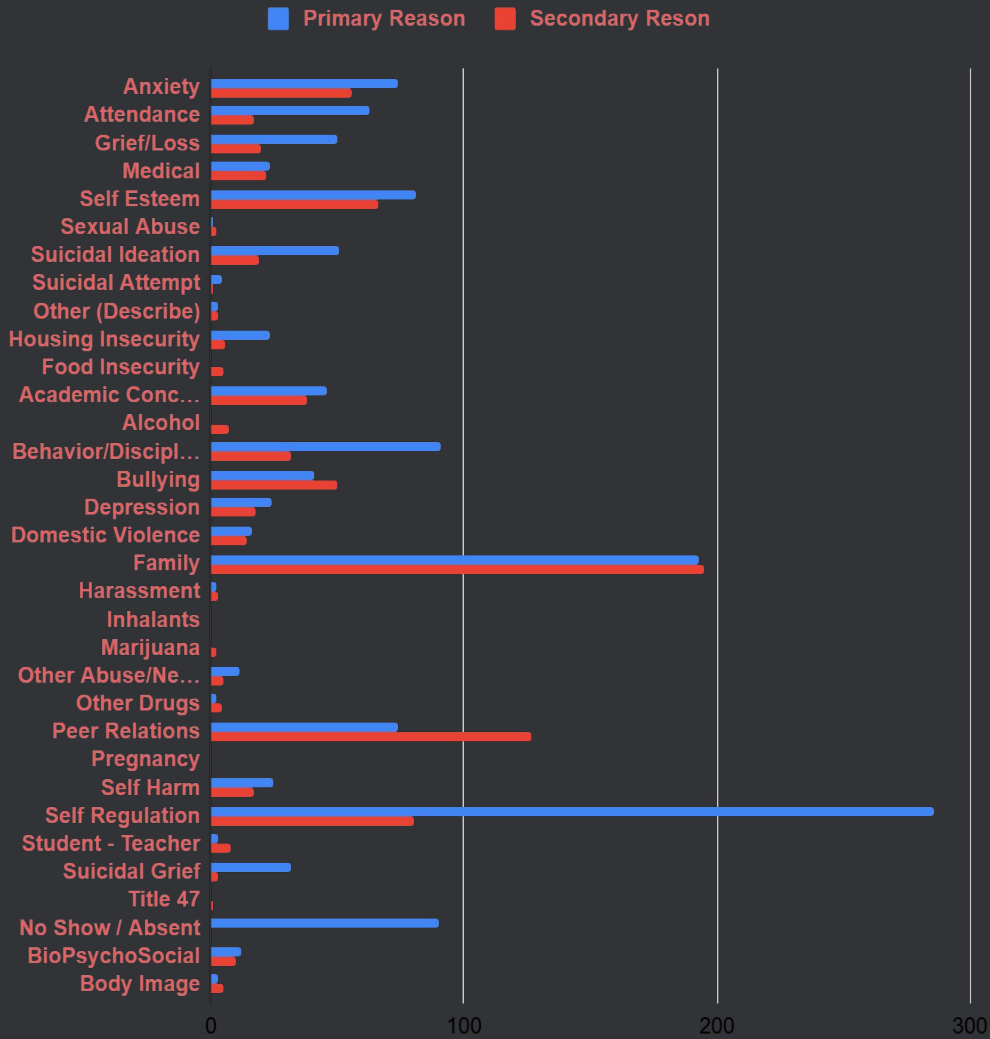
► Primary/Secondary Topics

Attendance:

- Academic Concerns - 5
- Anxiety - 14
- Bullying - 2
- Depression - 4
- Family - 5
- Grief/Loss - 4
- Medical - 4
- Peer Relations - 1
- Self Esteem - 5
- Self Harm - 1
- Self Regulation - 3
- Student - Teacher - 1
- Suicidal Ideation - 2

Behavior/Discipline

- Academic Concerns - 2
- Alcohol - 1
- Anxiety - 4
- BioPsychoSocial - 1
- Bullying - 10
- Family - 17
- Grief/Loss - 1
- Marijuana - 1
- Peer Relations - 19
- Self Esteem - 4
- Self Regulation - 15
- Student - Teacher - 1



► What went well

01 Technology & Data Reporting



- Deep appreciation to the Tech Department — especially Chad — for dedicated support
- Successfully developed a PowerSchool reporting system to track and highlight social work impact

02 Increased Visibility & Community Engagement



- Strengthened partnerships with community organizations
- Active participation in community events, home visits, and parent-teacher conferences
- Greater presence and awareness of school social work role across campuses

03 Suicide Prevention & Response



- Proactive safety planning and postvention strategies
- Targeted support for students experiencing suicidal ideation, attempts, or self-harm

04 Trauma-Informed Systems Change



- Collaborative development of: *Updated Code of Conduct & Attendance Policy *Suicidal Ideation Protocol *MTSS Flow Chart
- Cultural shift: SSWs now integrated earlier to support regulation over discipline

05 Increased School Engagement.

- Growth in student connection to school through supportive, relationship-based practices
- Expanded opportunities for positive engagement and early intervention



Type of Contact	Attendance Grief/Loss Medical Self Esteem Sexual Abuse Suicidal Ideation Suicidal Attempt Other (Describe) Housing Insecurity Food Insecurity Academic Concerns Alcohol Behavior/Discipline Bullying Depression	Date of Contact 14 / 2025
Type of Referral		Program
Type of Follow-up		Follow-up Date / 2025





**Makinig at
magbigay
ng suporta**



**Tumayo bilang isang
koneksyon sa pagitan ng
paaralan, bahay, at
komunidad**



**Maglaan ng sosyal o
pag-unlad
kasaysayan sa mga mag-aaral.**

SCHOOL Social Workers



**tasahin ang mga
estudyante para sa
mga hadlang sa
akademiko at sosyal
na tagumpay**



**Tagapagtanggol
para sa
mga
pangangailangan ng
estudyante**



**Magbigay ng
referrals sa
mga resources
ng komunidad**



**Tumulong sa
pagharap ng
mga krisis**

Step 1– Stabilize the Situation

- Under no circumstances is a suicidal student to be left unsupervised
- Contact Building Admin or designee as quickly as possible. Stay calm and remain with the student until another responsible adult arrives.
- If social worker is on site, refer student directly to him/her. If not, Building Admin or designee should contact School Social Worker or Lead Social Worker immediately.

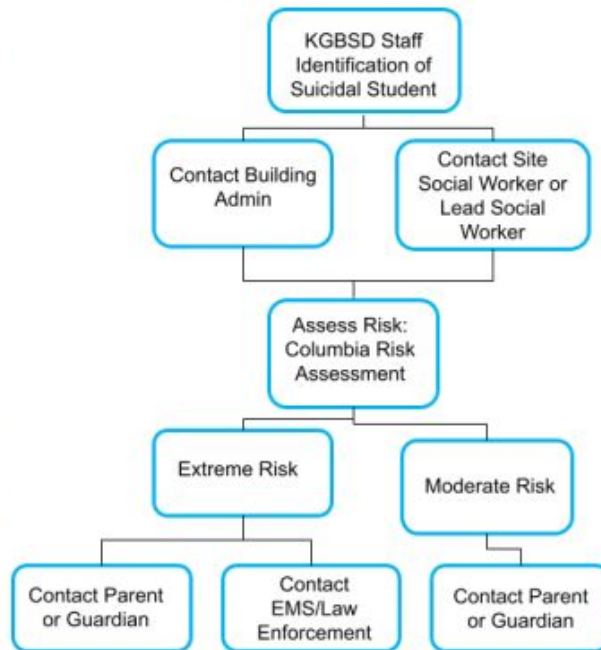
Step 2– Asses the Risk

- Determine the level of risk using [Columbia Risk Assessment](#).
 - Remain calm and ask directly if the is thinking about suicide.
 - Ask if the student has a current suicide plan and means (i.e. a weapon, excess medication, drugs or other harmful substances).
 - Explain to the student what steps you will take to seek help.
- If the student will not relinquish a dangerous instrument and/or is in immediate danger of Suicide use **Extreme Risk Procedure**
- If the student is not in imminent danger of suicide use **Moderate Risk Procedure**

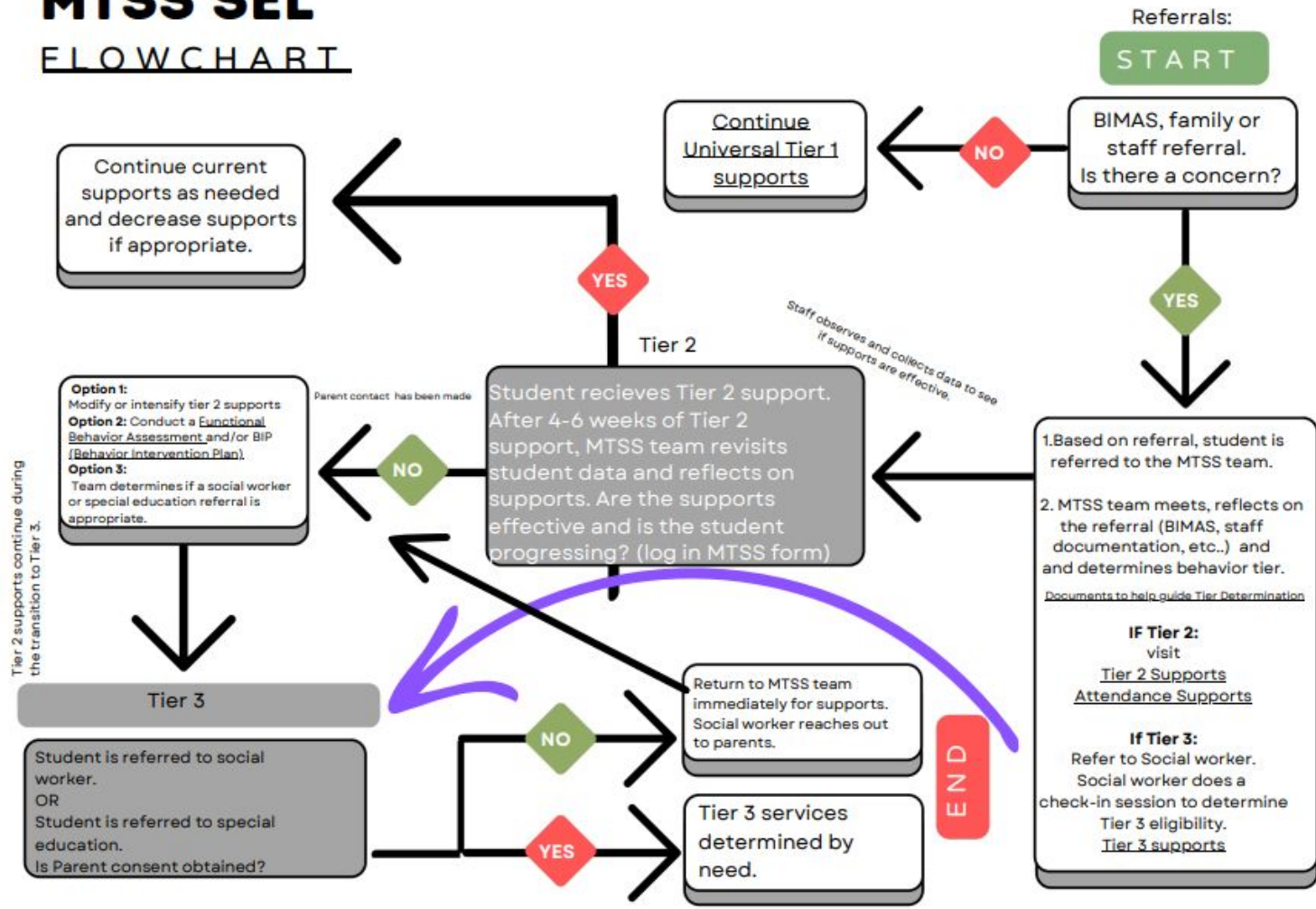
Step 3– Take Appropriate Action

- **Extreme Risk Procedure**
 - Contact Parent or Guardian
 - Contact EMS/Law Enforcement
 - Keep student engaged
- **Moderate Risk Procedure**
 - Contact Parent or Guardian

KGBSD Suicide Intervention Process



MTSS SEL FLOWCHART



Future of Our Program

Grant Non
Renewable

Grant
Possibilities

Community
Partners

Open feedback

15'

▶ Let's discuss!

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Thank you



Questions? Please contact
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