

KETCHIKAN GATEWAY BOROUGH SCHOOL DISTRICT BOARD OF EDUCATION

## PROCLAMATION to Declare September 2023 as

## NATIONAL RECOVERY MONTH

WHEREAS, the impact of mental and/or substance use disorders is apparent in our local community, and many people who live in Ketchikan, Alaska are affected by these conditions; and

WHEREAS, suicide and overdoses are epidemics that can be prevented; and

WHEREAS, personal recovery is a way of living a satisfying, hopeful and contributing life even with the limitations caused by illness; and

WHEREAS, to help more people achieve and maintain long-term recovery, the Ketchikan Gateway Borough School District encourages the Ketchikan community to participate in activities that aim to lower the stigma attached to substance use and mental health disorders: and

Therefore; on behalf of the Ketchikan Gateway Borough School District Board of Education, I do hereby encourage the members of the community to recognize September as National Recovery Month and to participate in programs, activities, and ceremonies such as Stomp the Stigma Recovery March and Resource Rally on Saturday September 9, 2023.

Dated this 23rd day of August 2023